



HARMONY DAY 2020

“Everyone Belongs”

Christofle Constantino



PHILIPPINES

Christofle Constantino

YEAR 10



Geography of The Philippines

The Philippines is an archipelago in Southeast Asia, located in the Western Pacific Ocean. The group of islands comprises of about 7,600 islands, which are broadly classified as three major regional regions from the north to the south: Luzon, Visayas and Mindanao. The capital city, Manila and the neighbouring town of Quezon city are the most populated cities in the region.

They are both parts of the National Capital Area or commonly known as Metro Manila situated in Luzon.



THE CULTURE

"Pilipinas, Kay Ganda" is a term used to describe the beauty of the Filipino culture and the diversity of the people and the landscapes. The slogan translates to "Philippines, So Beautiful"

Filipino Culture

The culture of the Philippines is a fusion of common Filipino and Spanish Catholic cultures, with elements from America and other areas of Asia. The Filipinos are family-oriented and often religious with an admiration of literature, fashion, music and food. Filipinos, though, are hospitable people who want to have a good time. It also means coming together to perform, dance, and cook. The annual calendar is filled with celebrations, many of which combine costumes and traditions from the pre-Christian history of the country with today's Catholic values and philosophy.



A photograph of Catriona Gray, Miss Philippines 2018 and Miss Universe, smiling and waving to a crowd. She is wearing a white blazer. In the background, several people are holding up their smartphones to take pictures or videos. The image has a dark, semi-transparent overlay with white text.

THE PEOPLE

Catriona Gray, 2018 Miss Philippines & Miss Universe





Filipino People

Hospitality is the most common terminology used to describe Filipinos. Foreigners, visitors and the whole community are greeted with a friendly welcome with a bright smile. It is a joy and an honour for the Filipinos to welcome foreigners as guests and to develop sincere relationships and friendships with them. Whenever a visitor stays in a Filipino house, there would be a feast or a grand celebration, because it's always a tradition for them to prepare delicious Filipino cuisine for visitors to have a taste of their culture through food. In fact, a cheerful family will normally be ready to welcome and share time with guests. To add to this, Filipino families are also more than happy to share not just their food, but also their entire home.



FILIPINO CUISINE

Kain Na! - Let's Eat!

Growing up, the invitation to the kitchen were the words "**kain na**" (kah een nah) and in English that means "let's eat!"

The Filipino Cuisine

Filipino cuisine is made up of more than a hundred distinct ethnolinguistic communities located in the Philippine archipelago. Nevertheless, the majority of typical Filipino dishes that constitute Filipino cuisine come from the cuisine of the various ethnolinguistic communities and tribes of the archipelago. The recipes vary from a rather basic meal of fried salted cod and rice to spicy pork, chicken curry, intricate paellas and cozidos of Iberian heritage made for the festivities. Nowadays, the usage of hands when eating, known as "kamayan," has become a phenomenon. Kamayan usually means "eating with your hands," which was how the Filipinos had eaten before the colonial period. This is also becoming more common due to the introduction of the "boodle fight" concept, a form of dining popularised by the Philippine Army, which uses banana leaves spread out on the table as the main serving pad, where portions of rice and a range of Filipino dishes are served for a pleasant, filial or shared meal.



A vibrant, slightly blurred photograph of a busy outdoor market in the Philippines. In the foreground, a woman in a red jacket is walking past. In the center, a man in a dark blue shirt and a woman in a yellow t-shirt with an 'elee' logo are walking. To the right, an elderly woman in a colorful floral shirt is looking at goods in wooden crates. The background is filled with various market stalls, including one labeled 'Store', and people carrying items. The overall atmosphere is lively and authentic.

A Filipino Greeting

"Mano Po"

As a Filipino tradition and a sign of respect when meeting an elderly, bring their right hand up to touch your forehead whilst bowing. This action is called "Mano Po".



Mabuhay!

The term “Mabuhay” has various interpretations, including "long live," "may you prosper," "cheers," "welcome," and "hurrah."

The expression is often used for toasts at gatherings and celebrations, and is used as an adulation to people or ideas at gatherings and political conferences. A more modern appropriation of the [greeting](#) is used in the [local hospitality industry](#) to welcome guests.

A group of five young children are smiling and posing for a photo outdoors. They are in a sunny, slightly blurred environment with laundry hanging on a line in the background. The children are of various ethnicities and are dressed in casual clothing. The word 'PATINTERO' is overlaid in large white letters across the center of the image.

PATINTERO

Patintero is derived from the Spanish term tinte ("tint" or "ink") in reference to the lines drawn.

What you need:

6 to 10 Players or depending on how big the drawn surface is.

Chalk

Large play area like streets or a paved surface.





How to play:

1. On the street or paved surface, start by drawing a grid of 2-6 lines on the ground divided by a long line in the middle, like a grid.
 2. Divide the players into two teams.
3. Flip a coin or use scissors, paper, rock to determine who's "It" or "Taya."
4. The "It" team takes their positions in the grid. As line guards, they are only allowed to run within the horizontal lines. Player 1, or the "Patoto," can traverse the vertical line as well.
5. All players from other team will run through the "It team" without being tagged
6. If anyone gets tagged by the "It team", the runners lose the round.
7. The team who successfully crosses the grid without being tagged wins.

A large group of diverse students and teachers are posed on a wide set of concrete steps outdoors. The students, many wearing blue and red school uniforms, are arranged in several rows, with some standing at the back and others sitting or kneeling in the front. The teachers are interspersed among the students. The background features a clear blue sky with scattered white clouds, a modern building with large windows, and some trees. The overall atmosphere is bright and positive.

DIVERSITY

At Schools and Classrooms

Diversity at Schools and Classrooms

Recognising the ethnic richness of school cultures aims to address the intellectual and welfare needs of students and their families. It assists in the preparation of teaching and learning programmes. Classroom diversity teaches students to become global citizens by introducing them to individuals with diverse ethnic identities and social groups. As globalisation increases, it is critical for students to be able to collaborate with different groups of people.





Diversity at St Clair High School

At SCHS, teachers and staff are dedicated to presenting students with a diverse comprehensive programme and a number of resources to enhance learning. We have a large diversity of students and teachers from different backgrounds.

Everyone belongs at our school because having such a diverse setting gives us students and teachers the ability to understand people of different backgrounds whilst also learning new life skills. The idea of school diversity allows students to recognise and know more about individuals of different religions, beliefs and cultures.

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IKLERS
MAD
UG
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Stylized graffiti tag

LOVE
is color